

# YAKRU ENDURO 2024

## DETAILED ITINERARY

The Yak Ru Enduro is a real pilgrimage into the heart of the Himalayas - to a mountain biking destination that overflows with natural beauty, is steeped in mythical lore, and offers the ultimate Big Mountain riding experience. Athletes become adventurers as they venture high into the alpine - in search of wild and exciting singletrack not just to race on, but to forge everlasting memories and pacts of camaraderie embodying 'the spirit of enduro'. The three days of 'onsight' enduro competition they will embark on forms just one part of their grand exploration, right beneath the shadow of the majestic Annapurnas - some of the tallest mountains in the world.

**Be part of the adventure: this coming 11-20 November 2024.**



**YAKRU  
ENDURO**

**11 NOV 2024  
MONDAY**

### **(Getting your feet wet day) – 1300 meters**

Arrival in Kathmandu. Get ready for a sensory treat of the sight, the sound, the food and real cultural immersion into this 17th-century old heritage town.

**12 NOV 2024  
TUESDAY**

### **(Cultural Immersion day) – 1300 meters**

Self-exploration of the Kathmandu valley's innumerable world heritage sights such as Pashupati, Boudha, Patan, Bhaktapur, Swayambhu etc. and be back to the central accommodation for race briefing in the evening.

**13 NOV 2024  
WEDNESDAY**

### **(Travel to Chame) – 2500 meters**

An early morning 4WD drive leaves for Chame in Manang District. As the air gets thin here, we stop for the night and acclimatize and get ready for an acclimatization ride to Ngawal the next morning.

**14 NOV 2024  
THURSDAY**

### **(Acclimatization Ride to Ngawal) – 3500 meters**

Leaving the alpine lodge behind, We peddle to our race village at Ngawal. You will get first-hand experience of the altitude to complete the conditioning ride. Final race briefing in the evening.

**15 NOV 2024  
FRIDAY**

### **(Race Day 1 – Milerapa+Julu+ WaterMill) – 4000 meters**

Race day one will test your mettle and endurance to complete 2 longer liaison stages out of 3 special stages. The special stages consist of high speed, flowy singletracks with tight turns that are sure to test your skills. The Mind-boggling Himalayan views will compensate for your hard work to climb to the start of these stages.

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Riders race 'blind' on sections of breathtaking terrain - pine and birch forest singletrack, high-speed flow through alpine pastures, rocky switchbacks, steep ridgelines, and generations-old trails passing remote settlements and religious monuments. Participants wishing to challenge themselves and explore one of the most magical landscapes to ride a mountain bike in will be enthralled by the terrain the Yak Ru passes through.

**16 NOV 2024  
SATURDAY**

### **(Race Day 2 – SereKharaka + Ngawal) – 4300 meters**

The highest starting point of Yaku race is yet another challenge for the participants on race day two. What follows afterwards is a sweet long descends to Yak Kharka via the pastures at the old ruins. A high-speed section that is not without its challenge of a few pedaly sections to stay on top of the game.

**17 NOV 2024  
SUNDAY**

### **(Race Day 3 - Ngawal long descents) – 4100 meters**

An early morning hike-a-bike section brings you atop a monastery above the village of Ngawal. From there everything is downhill till you arrive at the valley of Humde. This is the day of super long gravity led descends. A fitting day to complete this high altitude enduro race.

**18 NOV 2024  
MONDAY**

### **Social ride day (Ngawal to Taal) – 1900 meters**

We can say for sure, and this is the highlight of the YakRu Enduro adventure trip to Nepal, at least that is what we hear from every past participant of this race. 80 odd kilometres of downhill riding via the old Round Annapurna hiking trail brings you to a quaint village of Tal where you reconnect and rejoice your conquest of "YakRu race."

**19 NOV 2024  
TUESDAY**

### **Travel back to KTM (4WD out) – 1300 meters**

Your adventure is not over. Part of the fun and extensive experience is driving on the sturdy Mahindra 4-wheel trucks back to Kathmandu. Reach Kathmandu late afternoon and reconnect with the modern world. Farewell dinner somewhere in Kathmandu to catch up with everyone and celebrate.

**20 NOV 2024  
WEDNESDAY**

### **Return journey day**

Bid farewell to Good old Kathmandu with a promise to catch up again next year.

[www.yakru.com](http://www.yakru.com)

